

SCOPE

The Deaconess Hospital Medical Staff Newsletter • December 2005

Core Measures Documentation Made Easy

Please note the following Core Measures documentation tips:

- If ACEI or ARB is not prescribed at discharge, simply document the contraindication to both ACEI and ARB.
- LV Function can be documented easily with a current or prior Echo report, dictated in an H&P, or written in a progress note in the current chart.
- Viewing the Documentation Prompter Stickers on the pink communication sheets will provide documentation with ease.
- Smoking cessation is already documented for all patients discharged with the use of Logicare.
- Providing a copy of blood cultures drawn 24 hours prior to arrival to be placed on the chart or blood cultures ordered before initial antibiotic can be made easy by utilizing the Pneumonia Admission Orders.
- Appropriate antibiotic selection is easy as 1,2,3 by using the Pneumonia Admission Orders.
- Simple completion of the Physician Discharge Instruction Order Form will provide all necessary components of discharge instructions.
- Use of the Acute MI/Acute Coronary Syndrome Order Set is an easy method to order ASA, Beta Blocker, ACEI/ARB, or Thrombolytic.

You are invited to the

Deaconess Hospital Medical Staff Annual Meeting



*Monday, December 19, 2005
6:30 p.m.*

*Oklahoma City Marriott
Grand Ballroom
3233 N.W. Expressway*

Introduction of 2006 Officers

Horseshoe Road

*Kyle Dillingham Brad Bengtson
Pat Payne Dustin Jones
Music entertainment*

RSVP by December 16 to 604-4904

*Spouse or guest invited
Business attire*

Board approves parking expansion

The Deaconess Board of Directors approved the expansion of the existing parking garage, which will add two additional floors of parking. Over the next few weeks, the architects and engineers will be designing and completing the documents necessary for this project. It is anticipated that construction might begin as early as March. Projects that will be starting in the Spring, including Emergency Department expansion, Kitchen/Cafeteria expansion and three additional floors to the Medical Office Building South will create a need for this additional parking.

“Sick Worker” Malady may be Early RSI Sign (Reprinted from Yahoo! News, Oct. 25, 2005)

Early nerve damage caused by repetitive motion on the job can cause “sick worker” syndrome, a fatigue or depression that can be mistaken for poor work performance, according to a study published in this month's (Oct.) Journal of Neuroimmunology.

The study done on rats found that nerve injuries caused by low-force, highly repetitive movement common to typists, pianists and meatpackers can be blamed on increased production of proteins known as cytokines.

Cytokines show up in injured nerves as early as three weeks after the first signs of cell stress, much earlier than previously thought, researchers at Temple University found.

Cytokines also are known to spark symptoms of malaise and the study concludes that an onslaught of these proteins affected the rats' psychosocial responses, the researchers said.

“At three weeks, even before the rats experienced pain from their wrist injuries, we watched them self-regulate their work behavior,” researcher Ann Barr said. “With inflammatory proteins in the bloodstream, they began to slack off from completing their tasks.”

By five weeks to eight weeks, when cytokine production reached “peak” levels, one rat curled up in a ball and slept in between tasks, the study said.

The researchers theorized that as cytokines first appear in the newly injured nerve of workers who perform the same physical movement over and over, signs of “sick worker” syndrome begin. People may call in sick with undefined symptoms, or slow down their work, or a low-grade depression may set in, the researchers said.”

Some bosses might see the cytokine connection as an excuse for employees to slack off work, but Temple researcher Mary Barbe disagrees.

“Cytokines are self-protective,” she said. “This undefined feeling of malaise may be telling the body to take some time off to heal, before things get worse.”

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