



Recipe

Angel Macaroons

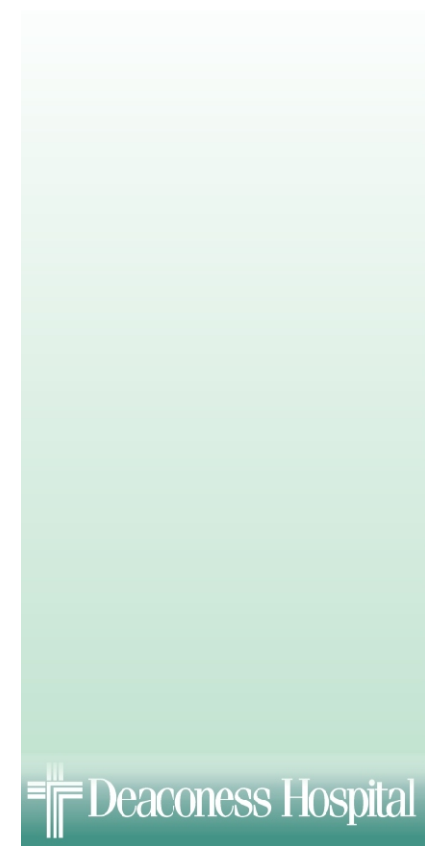
"An oldie but a goodie"
 1 6 oz. pkg. Angel Food cake mix (one-step type)
 1/2 C. water
 1 1/2 tsp. almond extract
 2 C. flaked coconut
 In mixing bowl, beat cake mix, water and extract on low speed for about 30 seconds. Scrape bowl often, then on medium speed beat for one minute. Fold in coconut, by hand. Drop by rounded teaspoonfuls on parchment paper lined cookie sheet. Bake at 350 degrees for 10 to 12 min. or until set. Leave cookies on paper and remove to a wire rack to cool. Makes about 4 to 5 dozen. ---Mary Louise Lawrence

Hours Freely Given!

Cheryl Wilmoth	50 hrs.
C.C. Craine	50 hrs.
Wendell Powell	50 hrs.
Martha Wright	1,000 hrs.
Betty Jackson	1,000 hrs.
Frances Harrison	1,500 hrs.
Marian Edgman	2,000 hrs.
Lanetta Rounsaville	2,000 hrs.
Bill Noakes	2,000 hrs.
Orlan Jones	2,000 hrs.
Della Reames	3,000 hrs.
Connie Sadler	3,000 hrs.
Susan Loeliger	3,500 hrs.
Dick Boylan	3,500 hrs.
Carol Yost	4,000 hrs.
Jerry Biswell	5,000 hrs.
Marion Thompson	5,000 hrs.
Margaret Phinney	5,000 hrs.
Opal Baum	5,500 hrs.
Maude Ann Park	6,000 hrs.
Clarice Glazner	6,500 hrs.
Billie Galaway	7,000 hrs.
Mary McCain	7,000 hrs.
Jeanne Pearsall	8,000 hrs.
Maggie McKee	14,500 hrs.
Faye Creager	30,500 hrs.
Vivian Penley	35,500 hrs.

New Volunteers

Shirley Bates
 Mary Nichols
 Marilyn Norred
 June Williams
 Gene Reames
 Veta Calavan



Seasons Greetings...

From those of us who send you this Care-O-Gram, we wish you and yours a very merry Christmas and a safe, healthy and peaceful New Year: ---Judy, Cheryl, Glenda and especially the print shop staff.

The true spirit of Christmas was felt when the Officers accompanied our Director, Glenda Cotton, to the various organizations that had been selected for grants this year. The first stop was to the Healthy Living Office. There we presented them with a check for \$14,000. This will be used to create the classes for Healthy Living within two Putnam City Grade Schools. This program is already in the OKC schools, but Putnam City had not been able to finance it yet, so you stepped in.

The next stop was an awesome experience. We visited the Even Start Center. This is a school where parents and their pre-school age children attend together in order to

learn to read, write and speak English. It was so moving to see those mothers (most of whom had only a sixth grade education) studying to get their GED and be able to enter the work force in OKC and be a part of community. Glenda gave their Director a check for \$12,000 which will be used to upgrade the area where the children gather.

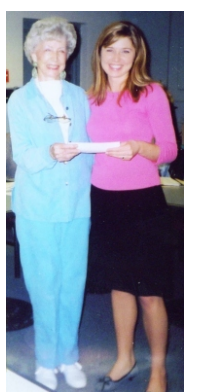
After lunch, we went to Bethany to the Children's Center. If you have never been there, you are missing a great eye-opening experience. The professionals and the volunteers there do a tremendous job of caring for children with birth defects, complications at birth, drug dependent parents, accidents, debilitating and physical abuse and neglect. The feeling you get is one of great love. A check was given to them for \$10,000.

The final stop was close to home. We went to the Mayfair Senior Center. This is a facility that provides day care for seniors. They have games, a good lunch and the opportunity for people to get away from their daily life and be part of a group of fellow seniors. The caregivers there are so dedicated and so ready to help, it is truly a special

place. The President of the Trustees told us, with tears in his eyes that our check made the difference in them being able to stay open. It was for \$12,000.

Additional checks were presented to the Red Cross, United Way and Salvation Army; each in the amount of \$5,000.

Thus, all your work and giving has made for a better world. You Volunteers are what make it happen.

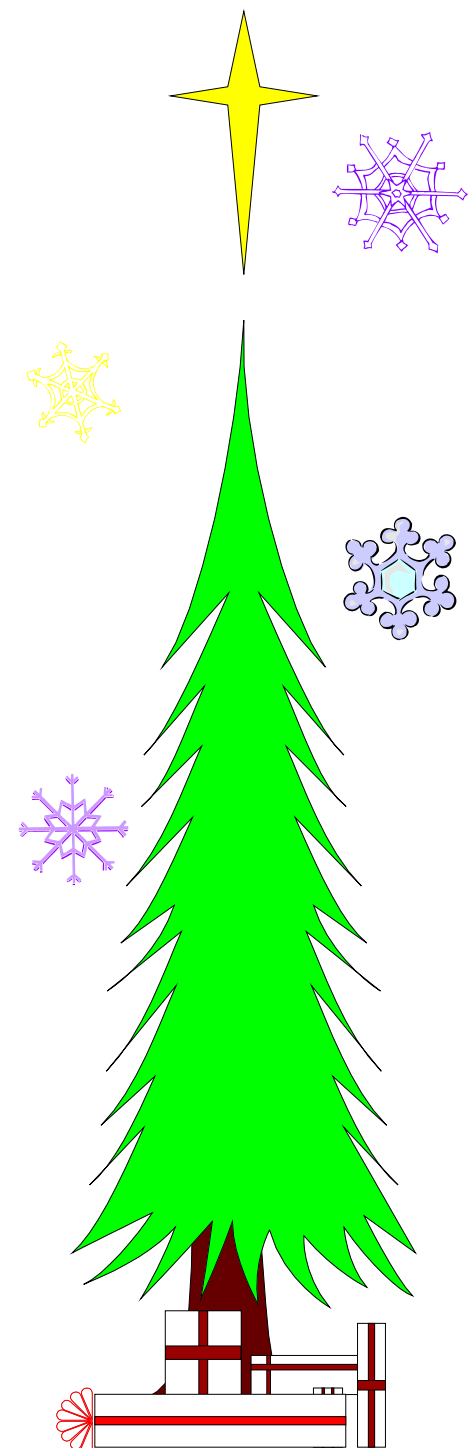


Maxi K Fields presents check to Mandy Ellis for the United Way.



Mayfair Senior Center Donation, Maxi K Fields, Jo Lou Tyson, Sondra Mount, Connie Sadler, Judy Lash and Doris Long

In Memorium
Of those who have touched our lives and served others so well
Dorothy Morin



Oklahoma Hospital Association Meeting

On November 9, 2005, sixteen officers with Glenda Cotton enjoyed a day at the Cox convention center. The morning session was led by Mary McCormack entitled "Gifts from the Heart; How to Live a Joy-filled Life every day". Her approach was entertaining as well as educational. One thing she said was, "If you are lost, don't tell anyone, just say you are exploring." I think all of us enjoyed it. A delicious luncheon was served and the State Auxiliary Leader for 2006-2007 was installed. Mr and Mrs. Dougherty joined us and were recognized. Our own Shirley McIlroy was introduced, having served as Regional Volunteer this past year. We were so proud.

The afternoon session opened with a great performance by Mrs. Susan Wood, (yes, the wife of our own Bud Wood). She has such a beautiful voice. The keynote speaker for the afternoon was Dr. Joseph S. Bujak, on the topic "The Path to Balancing Hospital/Physician Relationships". All in all it was a very good learning experience. One thought which came out was, "A smile is a part of the Volunteer Uniform". We knew that, but we do need to be reminded. Thank you for allowing us to attend. *OHA attendees were Vicki Ackley, Maria Daws, Audrey Dragg, Betty Jackson, Maxi Kerr Fields, Judy Lash, Gloria Marr, Maxine Lewis, Maggie McKee, Shirley McIlroy, Sondra Mount, Connie Sadler, Vi Williams, Jo Lou Tyson, Della Reames, Maude Ann Park and Gayle Yarholer.*



OHA Attendees

Election Results

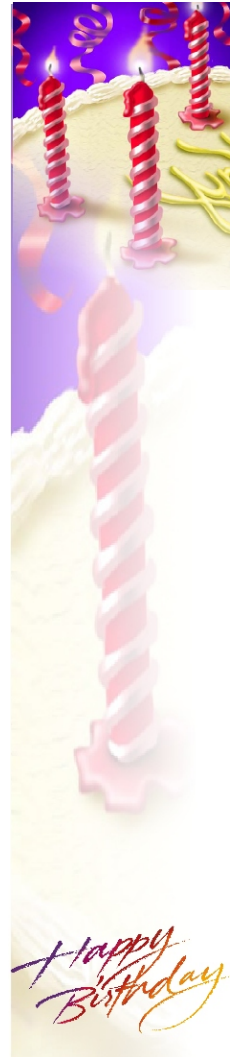
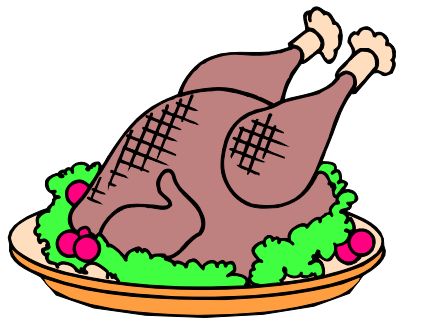
The return of all the ballots has been completed and the officers for the year 2006 have been elected. They are: Connie Sadler, President; Sondra Mount, Vice President; Betty Jackson, Secretary; Jo Lou Tyson, Treasurer; Joe Gibbon, Associate Treasurer; and Joanne Noakes, Parliamentarian. Congratulations to each of them and a great big thanks to the Nominating Committee.

When Connie calls and asks you to be a Committee Chairman or a Day Chairman, please say "YES". You are definitely needed and you will never be sorry that you served.

Jewelry Sale

The jewelry sale was held in the Spencer Conference Room on November 7 & 8, 2005. There were lots of pretty things and the employees as well as the Volunteers were there shopping for Christmas gifts. Proceeds were approximately \$2,400.

This year active volunteers received a turkey from Hospital Administration just in time for the Thanksgiving Holiday. Everyone appreciated the special treat.



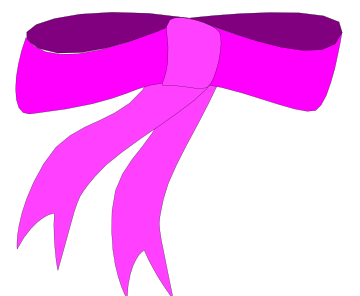
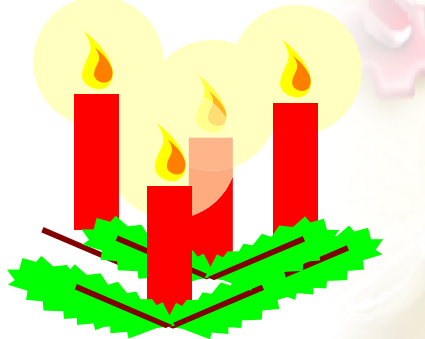
HAPPY BIRTHDAY to:

- Josee Sanderson
- Joe Gibbon
- Gloria Marr
- Marilyn Hunt
- Opal Baum
- Marilyn Norred
- Oscar Lofstrom
- Jaunita Nunemaker
- Shirley Pershall
- Lois Winkler
- Linda Coffman
- Leah Leach
- Edith Hughes
- Mary Anne Chronister
- Selma Bergmann
- Ellen Hartley
- James Marr
- Barbara Mathis
- Joan Hast
- Pat Sutton
- Pat Butler
- Barbara Neely
- Doris Long
- Gloria Fass
- Jamie Thedford

- Dec. 16
- Dec. 18
- Dec. 19
- Dec. 21
- Dec. 22
- Dec. 22
- Dec. 24
- Dec. 27
- Dec. 27
- Jan. 1
- Jan. 1
- Jan. 5
- Jan. 5
- Jan. 13
- Jan. 13
- Jan. 13
- Jan. 14
- Jan. 17
- Jan. 19
- Jan. 20
- Jan. 21
- Jan. 24
- Jan. 27
- Jan. 31

- Lea Carper
- Ellen Kimerer
- Mary McCain
- Vi Williams
- Mary Jo Jones
- Frances Harrison
- Audrey Koeppe
- Joe A Davis
- Cliff Galaway
- Hazel Ouverson
- Mabel Howard
- Tela Klinkevich
- Daisy Fudge
- Faye Creager
- Cheryl Wilmoth
- Elwyn Robb
- Bob Hartley

- Jan. 31
- Feb. 8
- Feb. 9
- Feb. 12
- Feb. 15
- Feb. 17
- Feb. 19
- Feb. 19
- Feb. 20
- Feb. 20
- Feb. 21
- Mar. 3
- Mar. 9
- Mar. 10
- Mar. 11
- Mar. 12
- Mar. 13



Wishing you and yours a wonderful Christmas Holiday Season. May the joys that the season brings be yours.

Glenda Cotton and Staff

